HELP PATIENTS ON THE ROAD TO RECOVERY

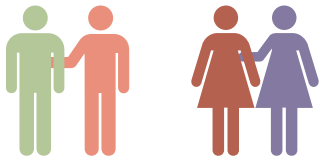
4 × IN-PERSON A.A. MEETINGS PER WEEK

Sunday 19:00 — 20:00
Monday 19:00 — 20:00

Metzerstrasse 16, 4056 Basel

Wednesday 19:00 — 20:00
Friday 19:00 — 20:00

Elsässerstrasse 7, 4056 Basel



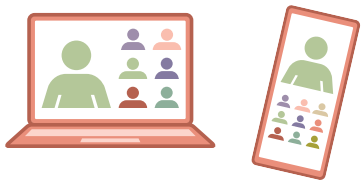
4 × ONLINE A.A. MEETINGS PER WEEK*

Tuesday 13:00 — 14:00
Speaker Meeting and Discussion

Tuesday 19:00 — 20:00
Living Sober Now Discussion

Thursday 13:00 — 14:00
Daily Reflection and Topic Meeting

Saturday 09:30 — 10:30
Topics and Discussions on Emotional Sobriety



* Online meetings are hosted by Basel members on topics of interest to newcomers and people with long-term sobriety. Login info: contact@aabaselenglish.ch

Listings of all English-speaking meetings in Switzerland and Continental European Region (CER) can be found on CER website: alcoholics-anonymous.eu/meetings

We look forward to welcoming you!

ALCOHOLICS ANONYMOUS AT A GLANCE

Over two million alcoholics have achieved sobriety in A.A., but members recognize that their program alone is not always effective with all alcoholics. Some members may also require professional counseling or medical treatment. Since we are recovering alcoholics, we have a special understanding of each other – we know what alcoholism feels like and learn from each other how to stay sober. A.A. is concerned solely with the personal recovery and continued sobriety of individual alcoholics. A.A. doesn't make medical diagnoses or keep records of members.

BASEL A.A. AT A GLANCE

- Basel has a strong active and supportive English-speaking A.A. fellowship.
- We are an ideal support community for problem drinkers who want to stop and stay sober.
- Members are looking to support their community by helping other alcoholics.
- We are actively seeking to cooperate with the local professional community.

A.A. PREAMBLE ©

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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ALCOHOLICS ANONYMOUS

MEMBERSHIP SURVEY 2022

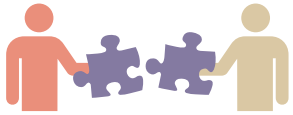
BASEL

aabaselenglish.ch contact@aabaselenglish.ch

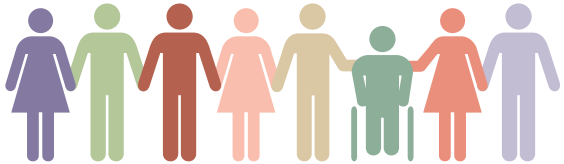
A.A. BASEL AS A RESOURCE FOR HEALTH CARE PROFESSIONALS

Professionals who work with alcoholics share a common purpose with A.A: to help the alcoholic stop drinking and stay sober.

People who think they have a drinking problem are welcome to attend any A.A. meeting. They can sit and listen and learn more about recovery, or they can share about themselves. It's completely up to them. Everyone is welcome. You don't have to pay anything to attend.



Professionals are welcome to observe open meetings to learn more about what happens in A.A. Members are available to meet virtually online, accompany you to an open in-person meeting and provide more information electronically or by post upon request.



SURVEY ACKNOWLEDGEMENTS

This pamphlet shows the results of a survey conducted amongst Basel English-speaking A.A. Feb - Mar 2022

The survey was organized by Alcoholics Anonymous Basel with support from the local Health Care Professionals (HCP) and the Health Liaison Officer (HLO) of Continental European Region (CER) of A.A. Great Britain.
Contact HLO: health.cer@aamail.org

English-speaking A.A. meetings for all European countries are listed on the CER website:
alcoholics-anonymous.eu/meetings

INTRODUCTION TO A.A.

Through an A.A. member	24%
Health Professional	20%
Self-motivated	36%
Family	4%
Other	16%

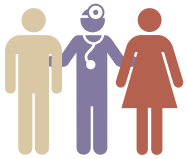
MEMBERS LIVE NEARBY

Baselstadt	42%
Baselland	19%
France	15%
Other (Germany, USA)	24%

Members continue to attend Basel meetings when relocated abroad.

OTHER LANGUAGES

English is spoken in our meetings, but we can provide support in Swiss-German, German, French, Italian, Swedish, Dutch, Latvian, Russian, Spanish and Turkish.



PROFESSIONAL ASSISTANCE

BEFORE coming to A.A. **46%** of members received Health Care Professionals (HCP) services (medical, psychological, spiritual, etc). **42%** said HCP played an important role directing them to A.A.

AFTER coming to A.A. **36%** of members received HCP services. **42%** said HCP services play an important role in their recovery.

AGE OF MEMBERS

Under 40	3%
Age 40 — 49	19%
Age 50 — 59	15%
Age 60 — 69	24%
Age 70 +	24%

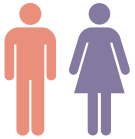
Basel fellowship has more than 30 members between 30 — 70 years old.

MARITAL STATUS OF MEMBERS

Married/ Life Partner	Single	Divorced	Other
50%	12%	34%	4%

GENDER OF MEMBERS

Male **44%**



Female **56%**

LENGTH OF SOBRIETY (YEARS)

1	2	3	4	5	6	7	8	9	10	+
17%		29%					21%			33%

Less than 1 year • Between 1 - 5 years • Between 5 - 10 years • 10 years plus

50% of Basel members have more than five years continuous sobriety.

MEETING ATTENDANCE

Basel members attend an average of **2.3 MEETINGS** per week.